



St John Plessington Catholic College

Aspire
not to
have more
but to be
more
Archbishop Rummens

Thought for the week Week Commencing 25th February 2019

“If you have only one smile in you give it to the
people you love.”

Maya Angelou

Pope Francis tells us:

“Pray for the one who hurt me?” the Pope asked. “Yes,” he answered, “because it changes lives.” If we think it is impossible, then pray, the Pope said. Pray every day for the grace to forgive and the grace to love.





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Liturgical Theme for the week Week Commencing 25th February 2019 “Love your enemies”

It's really hard for us to think about tolerating , yet alone loving those who would want to hurt us or do us harm. As followers of Jesus this is what he wants us to do. When he was dying on the cross he asked his Father to forgive those who put him there. If in the same way we ask God for his help when we pray, God often opens our heart to seeing people the way that He sees them, rather than the way we see them, Perhaps they are hurting too!



Monday 25th February 2019



Luke 6:27-38

Love for Enemies

“But to you who are listening I say: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you. If someone slaps you on one cheek, turn to them the other also. If someone takes your coat, do not withhold your shirt from them. Give to everyone who asks you, and if anyone takes what belongs to you, do not demand it back. Do to others as you would have them do to you.

“If you love those who love you, what credit is that to you? Even sinners love those who love them. And if you do good to those who are good to you, what credit is that to you? Even sinners do that. And if you lend to those from whom you expect repayment, what credit is that to you? Even sinners lend to sinners, expecting to be repaid in full. But love your enemies, do good to them, and lend to them without expecting to get anything back. Then your reward will be great, and you will be children of the Most High, because he is kind to the ungrateful and wicked. Be merciful, just as your Father is merciful.

Judging Others

“Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven. Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you.”