# Newsletter 


#### Abstract

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## SJP Experience Week

Last week, as part of SJP Experience, eighty Year 10 pupils visited the bright lights of London for an overnight stay. Whilst there, pupils took part in exciting university taster courses at the University of Westminster and City University. Pupils experienced university life first-hand and enjoyed sessions in Science and English with university staff. They also got the opportunity to discuss university life with current students. This was an incredibly valuable experience for all.
On Thursday night, the pupils went to see the multi-award winning West End show, Wicked! The pupils and staff thoroughly enjoyed this experience. It really was a brilliant show - made even better by a bit of celebrity spotting, when the Year 10 pupils noticed England International footballer, Jermaine Defoe in one of the adjoining rows! Jermaine was such a good sport and happily signed autographs and posed for photos with our football loving Year 10 pupils.
The next day, the excited pupils set out for a day of spectacular sight-seeing around the capital. They visited Buckingham Palace, Downing Street and Horse Guards Parade and finished off the day with a stroll down London's premier shopping district, Oxford Street. Here they bought souvenirs and mementoes to remember this amazing trip.
All too soon, it was time to reluctantly board the train home. The pupils all agreed that their trip to London was a truly fantastic experience!


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## SJP Experience



## Interview and Communications



Year 12 have had a fun-filled two days focusing on their interview and communication skills.
This all began with a group of students making their way to Derby University, here they had the opportunity to experience campus life and participate in taster sessions in Nursing, Social Studies, English and the Built Environment.
Also over the two days our talented art students had the opportunity to give back to the local community through the production of some fabulous art work which will be on display in our local area soon!
In school, students were put through their paces by the 'Mock Assessment Centre' delivering a host of activities designed to develop skills they can apply in their future careers. Throughout the two days the students found their inner voice as they articulated with the Speakers Trust and were inspired by speakers from a whole host of industries including Manchester Airport, Airbus, Shell, NHS, Peter Russell Ltd, Scottish Power and Wirral Autistic Society. The experience days culminated in an 'Apprentice' style interview giving students lots of food for thought and a wealth of constructive feedback.


## Forty Acts Challenge



Lent is the forty days leading up to Easter when we remember Jesus' time in the desert and the challenges he faced when he was there. While he was in the desert, Jesus took time to think about his life and what God, his Father, was asking him to do.
Every year during Lent, we each are given an important invitation by God to pause and reflect about the journey in life that we are making.
The bible tells us that Jesus was led by the Holy Spirit into the desert and the he didn't eat for the time he was there. Because Jesus didn't eat for forty days, Christians like to remember his time in the desert by giving up something themselves during Lent. It could be chocolate or watching television or having sugar in your tea. In doing this we try and make more room for God in our everyday lives and try to be nearer to him.
This year we are inviting you to go a step further and not only give something up, but give something out to someone else? We challenge you to take up the 'Forty Acts Challenge' and carry out simple acts of giving and kindness throughout Lent this year.
You may be able to do an act every day or perhaps you will only be able to do one or two during the course of Lent, it doesn't matter - just make sure that the act you do, you do well.

## What kind of things can we do?

- Give something away everyday - It could be money, but it doesn't have to be. A smile, a compliment or a helping hand is sometimes more appreciated!
- Forgive a long-held grudge.
- Complaining Fast - Try to refrain from all the whining and complaining. Be more aware of all the good things in your life.
- Thank people who deserve it.
- Volunteer your time.
- Give up your place in the supermarket queue to a mum with restless kids, help her to pack her bags.
These are just a few suggestions, be brave and have ago with your own ideas.


## Literacy Corner

## Adverbs.

Adverbs are easy to remember because, as the name suggests, they ADD information to the VERB.
They are easy to spot too, because they usually end in ly.

Try to correct these sentences below. You will need to rewrite the word in brackets by changing it into an adverb.

The doctor saw me $\qquad$ .(immediate).
She reacted $\qquad$ to the news (angry).
He $\qquad$ set fire to her dress (accidental).
He is $\qquad$ strong (incredible).
.............. nobody was hurt (lucky).
It's $\qquad$ . cheap (fantastic).
The building was $\qquad$ destroyed by fire (complete).
She is $\qquad$ . upset (terrible).
................. he is not well (unfortunate).
.............. we have fish for supper on Fridays (usual).

GOOD LUCK! Mrs Connolly always has prizes for those who complete the task correctly!

## Next PTA meeting:

7pm Tuesday 5th March 2013
in the College Staff Room.
All are welcome.

Attendance - 04/02/13-08/02/13


Year 7-91.8\% Year 8-93.9\% Year 9-93.6\%
Year 10-91.8\% Year 11-90.7\%

## Language Corner

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## Spanish Challenge! Unscramble the following names of facilities in a school.

## 1. Tipoa <br> 2. Alsua <br> 3. Rceomod <br> 4. Bartroooalis <br> 5. Cvioiessr

## Your challenge: Write out the Spanish correctly and their meaning in English

The first 5 people who bring the correct answer in Spanish to Señora Smart in MFL 5 will receive a house point.

## Maths Corner

Nine animals are arrange in three rows of three:


By drawing three squares can you separate them all?

## Weekly Theme - 'Making Your Mind Up'

Luke 5 1-11
One day while Jesus was standing beside Lake Galilee, many people were pressing all around him to hear the word of God. Jesus saw two boats at the shore of the lake. The fishermen had left them and were washing their nets. Jesus got into one of the boats, the one that belonged to Simon, and asked him to push off a little from the land. Then Jesus sat down and continued to teach the people from the boat. When Jesus had finished speaking, he said to Simon,
"Take the boat into deep water, and put your nets in the water to catch some fish."
Simon answered, "Master, we worked hard all night trying to catch fish, and we caught nothing. But you say to put the nets in the water, so I will." When the fishermen did as Jesus told them, they caught so many fish that the nets began to break. They called to their partners in the other boat to come and help them. They came and filled both boats so full that they were almost sinking.
When Simon saw what had happened, he bowed down before Jesus and said, "Go away from me, Lord. I am a sinful man!" He and the other fishermen were amazed at the many fish they caught, as were James and John, the sons of Zebedee, Simon's partners.
Jesus said to Simon, "Don't be afraid. From now on you will fish for people." When the men brought their boats to the shore, they left everything and followed Jesus.

There are 1.8 billion followers of Jesus in the world today; half of that number are Catholic. Not all, of course, are good followers, but at some point in their lives they each have made a decision to try and follow the teachings of Jesus. This is all any of us can do: try to live up to the ideals and standards that Jesus sent for his followers.
This week on Wednesday we begin the season of Lent, during the forty days of Lent let's try to make more of an effort to follow the teaching of Jesus by loving God and loving our neighbour as much as we love ourselves.
This week in our "Forty Acts Challenge" we are encouraged to show somebody that we value and respect them.

In faith and love, we ask you, Father, to watch over your family.
May we learn to help and serve one another humbly, as your Son has shown us.

## Through the power of the

 humble Jesus, may we die to arrogance and pride and grow in humility and peace. Amen $\stackrel{\text { s.0.eft }}{=}$ mixis

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